

 **Hair Mineral Analysis**

(Please print out and complete the below information and forward your hair sample and completed forms to the address provided at the end of this form)

PATIENT INFORMATION:

Surname _____

Given Name(s) _____

Address _____

Suburb _____ State _____

Postcode _____ Country _____

Phone # _____ Mobile # _____

e-mail: _____

Date of Birth ____ / ____ / ____ Gender M / F (please circle)

Females only: - Pregnant? Y / N (please circle)

General Health _____

Ethnic Background _____

Occupation _____

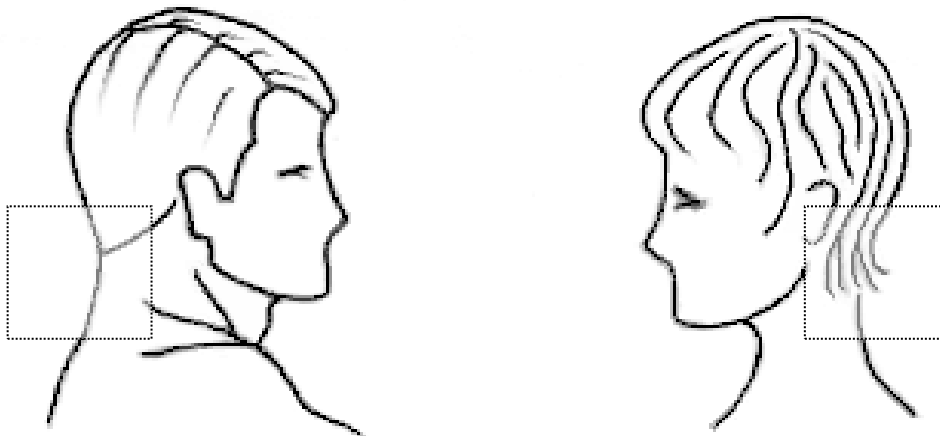
Medication (if any) _____

SAMPLING INSTRUCTIONS:

A minimum of one heaped dessertspoon (or no less than 1 gram) of hair is required.

Hair Sample Location:

- In preparation of taking sample, shampoo hair and rinse thoroughly with water. Preferably do not condition.
- Clean untreated hair is preferable as some chemical treatments can alter trace element readings. Untreated hair can normally be found under covering hair at the nape of the neck.



- Hair sample should be taken, using clean scissors or razor, from the nape of the neck as illustrated above. For the most accurate analysis, cut a sample no longer than 2-2½ inches (5cm) of the newest growth, regardless of length of hair.
- Using hair further from the root produces older results as hair acts like a time-line for the element content of the body. Using body hair can also show results over a longer period.
- Do not mix head hair with any other type of hair. If body hair is used, please seal it separately and mark accordingly.
- Place your sample straight into a paper envelope DO NOT use a ziplock bag and do not wash after cutting.

SAMPLE INFORMATION:

Location of Sample

Nape (of neck) Other (specify): _____

Shampoo Brand _____

Conditioner Brand _____

Other Products _____

Hair Treatment(s) _____

Bleached Permed Other (specify) _____

Dyed:

Colouring agent Brand: _____ Colour: _____

Time since last coloured: _____ or Date of last colour: _____

Results returned to:

Practitioner by e-mail only

Practitioner Details

Name: Russell Browne Provider #: 506 777

Clinic Name: Natural Health Group Pty Ltd

Address: Suite 1350, Shop 1, 152-160 Sturt Street, Townsville City

State: QLD Postcode: 4810 Country: Australia

Phone #: 02 80074369

e-mail contact@naturalhealthgroup.com.au

Signature: (of test requestor) Russell Browne

Please send hair sample and completed forms to:

Natural Health Group
 c/o Russell Browne
 PO Box 1350,
 Townsville City, QLD, 4810, Australia

Enough hair:



Your hair is a timeline.
Your most accurate health is displayed close to the scalp. To ensure we calculate your most accurate health status, have someone else cut a large enough hair sample; that is, taken close to your scalp area up to 5cm or 1.5" long, and no less than a heaped tablespoon.

NOT enough hair:

